Research Review of Interventions to Increase the Persistence and Resilience of Students in Higher Education

Student persistence and resilience are critical factors in determining the success of higher education institutions. Students who are persistent and resilient are more likely to overcome challenges, stay enrolled, and complete their degrees. This is especially important for students from underrepresented groups, who face additional barriers to success. Research has shown that a variety of interventions can be effective in increasing student persistence and resilience. These interventions include academic support programs, financial aid, mentoring, and counseling services.



A Research Review of Interventions to Increase the Persistence and Resilience of Coral Reefs by Stuart Turton

★ ★ ★ ★ ◆ 4 out of 5 Language : English File size : 10578 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Print length : 252 pages Hardcover : 354 pages Item Weight : 1.33 pounds

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Academic Support Programs

Academic support programs provide students with the academic help they need to succeed in their courses. These programs can include tutoring, Supplemental Instruction (SI), and writing centers. Tutoring provides students with one-on-one help from a more experienced student or tutor. SI is a group-based learning program that meets regularly outside of class to help students with difficult concepts. Writing centers provide students with help with their writing, from brainstorming to editing. Research has shown that academic support programs can be effective in increasing student persistence and resilience. For example, a study by the National Center for Education Statistics found that students who participated in tutoring were more likely to stay enrolled in college and earn their degrees.

Financial Aid

Financial aid can help students overcome financial barriers to success. Financial aid can come in the form of grants, scholarships, loans, and workstudy programs. Grants and scholarships do not have to be repaid, while loans do. Work-study programs allow students to earn money to help pay for their education. Research has shown that financial aid can be effective in increasing student persistence and resilience. For example, a study by the College Board found that students who received financial aid were more likely to stay enrolled in college and earn their degrees.

Mentoring

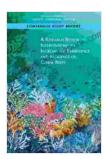
Mentoring programs provide students with support and guidance from a more experienced mentor. Mentors can be faculty members, staff members, or community members. Mentors can help students with their academic work, career planning, and personal development. Research has shown that mentoring programs can be effective in increasing student

persistence and resilience. For example, a study by the MENTOR Center found that students who participated in mentoring programs were more likely to stay enrolled in college and earn their degrees.

Counseling Services

Counseling services provide students with confidential support and guidance for personal, academic, and career-related issues. Counselors can help students deal with stress, anxiety, depression, and other mental health issues. Counselors can also help students develop coping mechanisms and strategies for success. Research has shown that counseling services can be effective in increasing student persistence and resilience. For example, a study by the American College Counseling Association found that students who used counseling services were more likely to stay enrolled in college and earn their degrees.

A variety of interventions can be effective in increasing the persistence and resilience of students in higher education. These interventions include academic support programs, financial aid, mentoring, and counseling services. By providing students with the support they need to succeed, these interventions can help students overcome challenges, stay enrolled, and complete their degrees.



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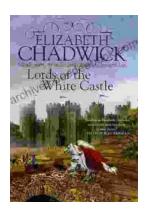
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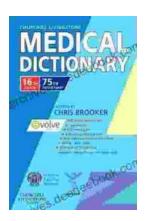
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