# Japanese Style Quilt Essentials by Susan Briscoe: A Comprehensive Guide



Japanese Style (Quilt Essentials) by Susan Briscoe		
🚖 🚖 🚖 🚖 4.1 out of 5		
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Screen Reader	: Supported	
Enhanced typesetting: Enabled		
Print length	: 34 pages	



Japanese style quilting is a beautiful and unique art form that has been practiced for centuries. In her book, *Japanese Style Quilt Essentials*, Susan Briscoe shares her knowledge and expertise on this fascinating topic. This comprehensive guide covers everything you need to know to get started with Japanese style quilting, from the materials you'll need to the techniques you'll use.

#### **Materials**

The first step in Japanese style quilting is to gather the materials you'll need. These include:

Fabric: Kimono fabric is a traditional choice for Japanese style quilts.
It is a lightweight, silk fabric that is available in a variety of colors and patterns.

- Thread: Sashiko thread is a strong, cotton thread that is used for both hand and machine stitching.
- Needles: Sashiko needles are available in a variety of sizes. The size you choose will depend on the thickness of your fabric and the type of stitch you are using.
- Scissors: Sharp scissors are essential for cutting fabric and thread.
- **Ruler:** A ruler will help you to measure and cut fabric accurately.
- Iron: An iron will help you to press your fabric and seams.

### Techniques

There are a variety of techniques used in Japanese style quilting. Some of the most common include:

- Sashiko stitching: Sashiko stitching is a type of hand-stitching that is used to create decorative patterns on fabric. It is typically done with a running stitch, but there are many other variations.
- Boro stitching: Boro stitching is a type of patchwork that uses scraps of fabric to create a new piece of fabric. It is often used to make quilts, but can also be used to make other items, such as bags and clothing.
- Katagami dyeing: Katagami dyeing is a type of stencil dyeing that is used to create intricate patterns on fabric. It is typically done with a resist paste, such as rice starch.

### Patterns

There are many different patterns available for Japanese style quilts. Some of the most popular include:

- Tsubaki: The tsubaki is a camellia flower. It is a popular motif in Japanese art, and is often used in quilts.
- Asanoha: The asanoha is a hemp leaf. It is another popular motif in Japanese art, and is often used in quilts.
- Seigaiha: The seigaiha is a wave pattern. It is a symbol of good luck and prosperity, and is often used in quilts.

Japanese style quilting is a beautiful and unique art form that is sure to captivate you. If you are interested in learning more about this fascinating topic, I highly recommend *Japanese Style Quilt Essentials* by Susan Briscoe. This comprehensive guide will teach you everything you need to know to get started with Japanese style quilting.



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