

# How Not to Visit 15th Century England: A Guide for the Uninitiated

## 穿越时空，探寻15世纪英国的奇葩之旅



Venturing into the annals of history can be a thrilling endeavor. However, when traveling back in time, it is essential to be mindful of the cultural

norms and customs of the era you intend to visit. The 15th century, in particular, was a fascinating yet vastly different time from our own. To ensure a successful and immersive experience, avoid these common pitfalls that could make your trip to 15th century England an unforgettable, but not necessarily in a good way!



## How Not to Visit 15th Century England by Lila Rhodes

★★★★☆ 4.3 out of 5

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### 1. Arriving in Style (or Not)

Upon your arrival in 15th century England, resist the urge to disembark your time machine in your contemporary attire. The locals will be quite taken aback by your peculiar clothing, which will mark you as an outsider. Instead, don some appropriate garb, such as a simple tunic or gown, to blend in seamlessly with the populace.

### 2. For the Love of Hygiene

While personal hygiene may not have been a top priority in the 15th century, it is advisable to make an effort to freshen up before mingling with the locals. Bathing was not a common practice, but washing your hands

and face with water will suffice. Remember, the streets are often filled with mud, animal droppings, and other unsavory substances.

### **3. Mind Your Manners**

Social etiquette in the 15th century was quite different from our own. Avoid using informal language or addressing people by their first names unless invited to do so. Respect the social hierarchy and show deference to those of higher status. Bowing or curtsying to superiors is customary.

### **4. Dining Delicacies**

Food in the 15th century was not exactly known for its culinary finesse. Meat was often tough and gamey, bread was coarse, and vegetables were scarce. Be prepared for a bland and unappetizing diet. If you must indulge in local delicacies, do so with caution.

### **5. Loose Lips Sink Ships**

In the 15th century, treason was a serious offense. Be mindful of what you say and to whom you say it. Avoid criticizing the monarchy or the church, as this could land you in hot water. Remember, walls have ears.

### **6. The Perils of Nightfall**

After nightfall, the streets of 15th century England become treacherous. Crime and violence are rampant, and it is not advisable to venture out alone. If you must, travel in a group or hire a guard for protection.

### **7. Medical Marvels**

If you fall ill during your stay in the 15th century, seek medical attention with caution. Physicians of the time relied heavily on bloodletting and other

questionable practices. It is best to rely on your own knowledge of modern medicine and bring any necessary supplies with you.

## **8. The Language Barrier**

The English language of the 15th century is vastly different from modern English. Be prepared to encounter unfamiliar words and pronunciations. A rudimentary understanding of Middle English would be beneficial, but gestures and basic communication should suffice for most interactions.

## **9. Currency Concerns**

The currency used in 15th century England is not compatible with modern money. Make sure to exchange your currency before traveling and be aware of the exchange rate. Coins were the primary form of payment, so carry plenty of them.

## **10. Beware of Witchcraft**

Superstition and belief in witchcraft were prevalent in the 15th century. Avoid engaging in any activities that could be misconstrued as witchcraft, such as casting spells or practicing divination. Accusations of witchcraft could lead to severe consequences.

## **11. Religious Observances**

Religion played a central role in the lives of people in the 15th century. Attend church services and observe religious customs with respect. Do not engage in religious debates or criticize the established faith.

## **12. Noble Nuisances**

The nobility of the 15th century were often arrogant and self-important. Avoid crossing paths with them if possible. If you do encounter a member of the nobility, show them deference and avoid challenging their authority.

### **13. The Peculiarity of Public Toilets**

Public toilets, as we know them, did not exist in the 15th century. People relieved themselves in the streets or in designated areas, often in full view of others. Be prepared for a lack of privacy when nature calls.

### **14. The Trials of Transportation**

Travel in the 15th century was arduous and time-consuming. Roads were poorly maintained, and travel by foot or horseback was the norm. Be prepared for long journeys and uncomfortable conditions.

### **15. A Touch of Plague**

The Black Death, a devastating plague, ravaged Europe in the 14th and 15th centuries. While the plague may not be as widespread as it once was, it is still a threat. Take precautions to avoid contact with infected individuals and seek medical attention if you experience any symptoms.

Traveling to the 15th century can be a fascinating and enriching experience, but it is essential to approach it with respect and an understanding of the era's unique customs. By avoiding these common pitfalls, you can immerse yourself in the vibrant and often bizarre world of 15th century England and create memories that will last a lifetime.

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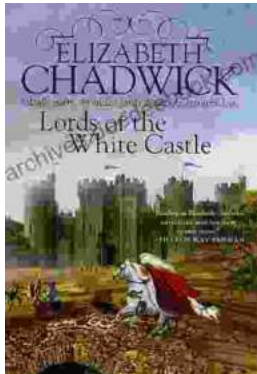
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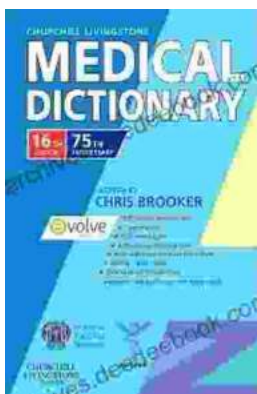


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