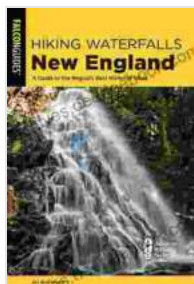


Hiking New England's Most Spectacular Waterfalls



Hiking Waterfalls New England: A Guide to the Region's Best Waterfall Hikes by Eli Burakian

★★★★☆ 4.4 out of 5

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New England is home to some of the most beautiful waterfalls in the country. From cascading cascades to towering plunges, there's a waterfall for every taste and level of hiker. Here's a guide to some of the best waterfall hikes in New England:

Mount Chocorua, New Hampshire

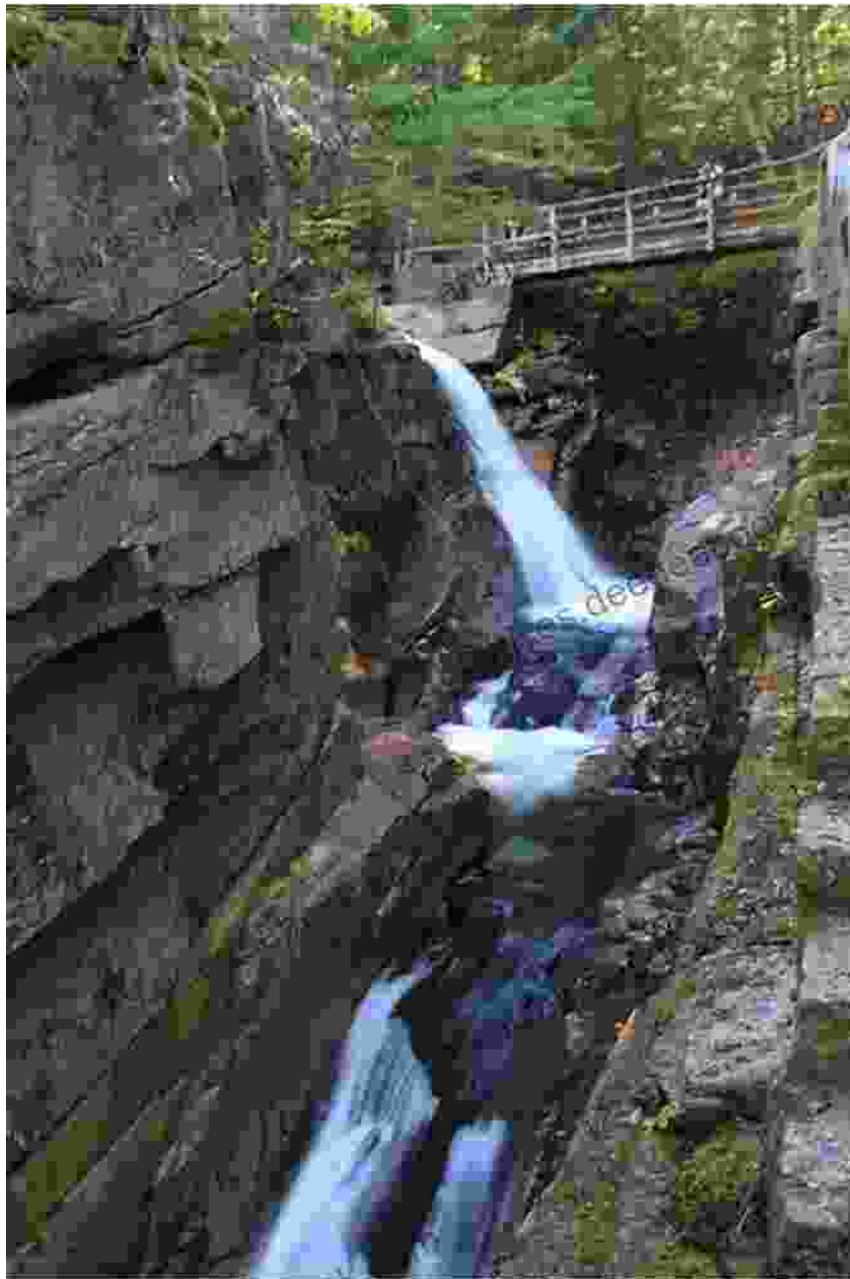


Mount Chocorua is one of the most popular hiking destinations in New Hampshire, and for good reason. The mountain offers stunning views of the surrounding White Mountains, and it's home to Champney Falls, one of the tallest waterfalls in the state. The hike to Champney Falls is challenging, but it's worth the effort. The trail follows the Champney Brook up the

mountain, passing through a series of cascades before reaching the base of the falls.

****Distance:**** 4.8 miles ****Elevation gain:**** 2,400 feet ****Difficulty:****
Strenuous

Sabbaday Falls, Maine

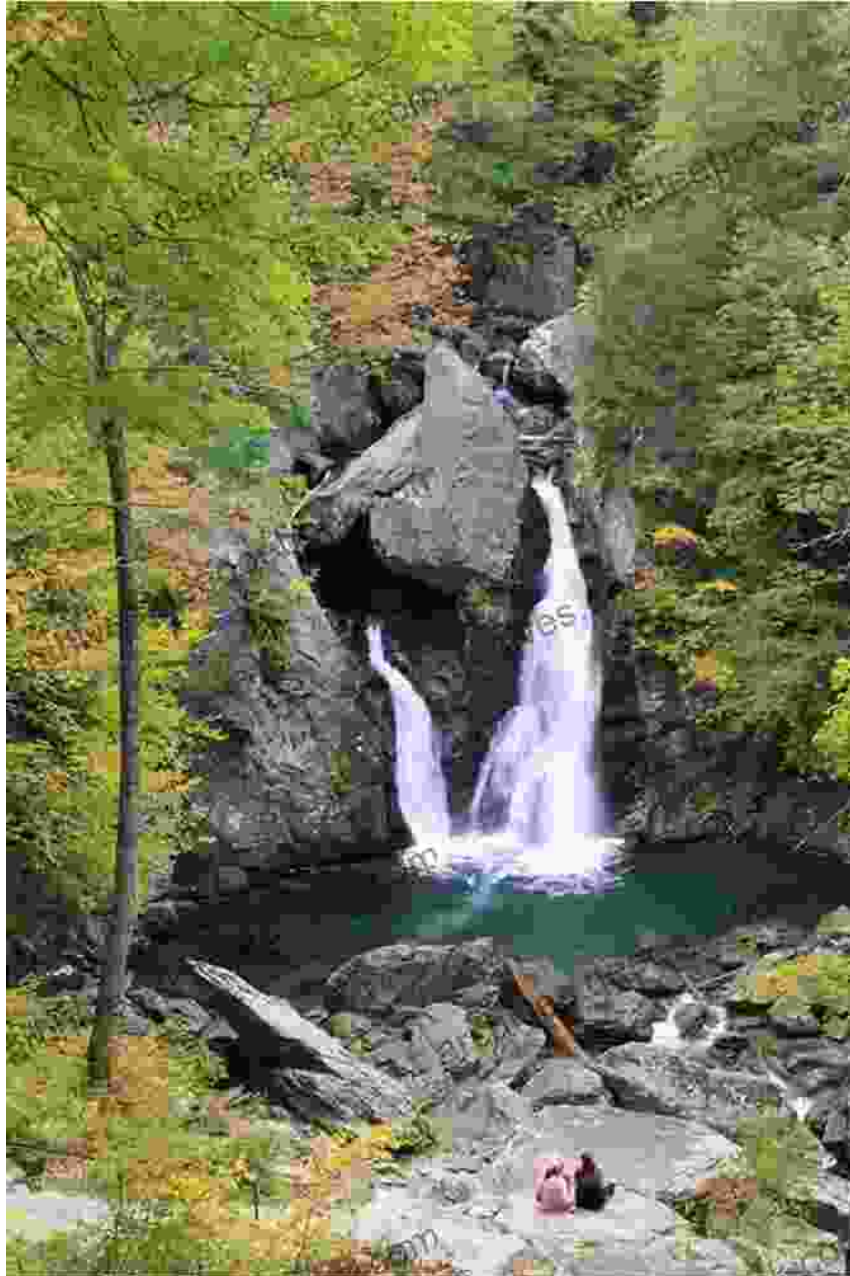


Sabbaday Falls

Sabbaday Falls is a beautiful waterfall located in Baxter State Park in Maine. The falls are a popular destination for hikers, and there are several different trails that lead to them. The most popular trail is the Sabbaday Falls Trail, which is a 2-mile loop trail. The trail is relatively flat and easy to hike, making it a good option for families with young children.

****Distance:**** 2 miles ****Elevation gain:**** 200 feet ****Difficulty:**** Easy

Bash Bish Falls, Massachusetts



Bash Bish Falls is the highest single-drop waterfall in Massachusetts. The falls are located in the Taconic Mountains, and they're a popular destination for hikers and sightseers alike. There are two different trails that lead to Bash Bish Falls. The most popular trail is the Bash Bish Falls Trail, which is a 2.2-mile loop trail. The trail is relatively easy to hike, but it can be slippery in wet weather.

****Distance:**** 2.2 miles ****Elevation gain:**** 400 feet ****Difficulty:**** Moderate

Franconia Notch State Park, New Hampshire



Franconia Notch State Park

Franconia Notch State Park is home to several beautiful waterfalls, including Flume Gorge, Bridalveil Falls, and Falling Waters Trail. Flume Gorge is a natural rock formation that features a series of waterfalls and pools. Bridalveil Falls is a 120-foot waterfall that's located in the Pemigewasset Wilderness. Falling Waters Trail is a 2.2-mile loop trail that follows the Flume Brook up the mountain, passing by several waterfalls along the way.

****Distance:**** 2.2 miles ****Elevation gain:**** 400 feet ****Difficulty:**** Moderate

Crawford Notch State Park, New Hampshire



Crawford Notch State Park is home to several beautiful waterfalls, including Arethusa Falls, Silver Cascade, and Ripley Falls. Arethusa Falls is a 150-foot waterfall that's located in the Mount Washington Valley. Silver Cascade is a 75-foot waterfall that's located in the Crawford Notch. Ripley Falls is a 100-foot waterfall that's located in the Saco River Valley.

****Distance:**** 2.2 miles ****Elevation gain:**** 400 feet ****Difficulty:**** Moderate

Tips for hiking to waterfalls

* **Be prepared for weather conditions.** Waterfalls can be slippery in wet weather, so it's important to wear appropriate footwear and clothing. *

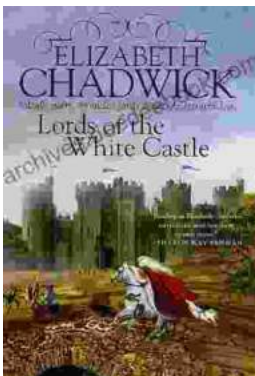
Bring plenty of water and snacks. Hiking to waterfalls can be strenuous, so it's important to stay hydrated and fueled. * **Be aware of your surroundings.** Waterfalls can be dangerous, so it's important to be aware of your surroundings and to stay on designated trails. * **Leave no trace.** Please pack out everything you pack in, and help to keep the waterfalls clean and beautiful for everyone to enjoy.



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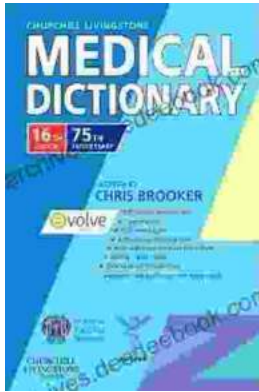
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