

Conversations That Make a Difference for Children and Young People



Conversations that Make a Difference for Children and Young People: Relationship-Focused Practice from the Frontline by Lisa Cherry

★ ★ ★ ★ ☆ 4.7 out of 5

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Conversations are essential for children and young people's development. They help them to learn about the world around them, to express their thoughts and feelings, and to build relationships. But not all conversations are created equal. Some conversations can be harmful, while others can be empowering. In this article, we will explore the different types of conversations that children and young people need, and we will provide tips on how to have conversations that make a difference.

Types of Conversations Children and Young People Need

There are many different types of conversations that children and young people need. Some of the most important include: -

Conversations about difficult topics

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Conversations about health and safety

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Conversations about diversity and inclusion

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Conversations about relationships and sexuality

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Conversations about bullying

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Conversations about mental health

These are just a few of the many types of conversations that children and young people need. It is important to be open to talking about anything that is on their mind. Creating a safe and supportive environment where they feel comfortable talking to you is very important.

Tips for Having Conversations That Make a Difference

Here are some tips on how to have conversations that make a difference for children and young people:

1. **Be present.** When you are talking to a child or young person, give them your full attention. Make eye contact, listen to what they have to say, and respond in a way that shows that you are interested in what they have to say.
2. **Be respectful.** Children and young people deserve to be treated with respect, even if you don't agree with what they have to say. Listen to their opinions and try to understand their point of view.
3. **Be honest.** Don't be afraid to be honest with children and young people, even if it is difficult. They will appreciate your honesty, and it will help them to trust you.
4. **Be supportive.** Let children and young people know that you are there for them, no matter what. Offer your support and encouragement, and let them know that you believe in them.
5. **Be patient.** It takes time to build trust and rapport with children and young people. Be patient and persistent, and eventually they will open up to you.

Having conversations that make a difference for children and young people is not always easy, but it is essential. By following these tips, you can create a safe and supportive environment where they feel comfortable talking to you about anything. And when they do, you can help them to learn, grow, and develop into healthy, happy, and well-rounded individuals.

Image Alt Text

- ****Child and adult talking:**** A child and an adult are sitting on a bench, talking. The child is smiling and looking up at the adult, who is looking down

at the child with a warm expression. - ****Group of children talking:**** A group of children are sitting in a circle, talking. They are all smiling and laughing, and they look like they are having a great time. - ****Teenager talking to a counselor:**** A teenager is sitting in a chair, talking to a counselor. The teenager is looking down at their hands, and the counselor is looking at the teenager with a concerned expression. - ****Parent and child talking:**** A parent and a child are sitting at the kitchen table, talking. The child is looking up at the parent, who is looking down at the child with a loving expression.



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